



# WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT

1108 Bissell Avenue Richmond, CA 94804

Safety Department

(510) 231-1110

## All persons with COVID-19 symptoms, positive or exposed

COVID-19 Positive, Symptomatic or Exposure	Recommended Actions
<b>Person is Positive:</b>	<ol style="list-style-type: none"><li>1. <a href="#">Stay home</a> (PDF) for at least 5 days after the start of symptoms (or after the date of first positive test if no symptoms).</li><li>2. Notify school when student is positive</li><li>3. If student is in school isolate immediately and send home</li><li>4. Isolation can end after Day 5 if symptoms are not present or are resolving and a diagnostic specimen* collected on Day 5 or later tests negative. (must show proof of negative result)</li><li>5. If unable to test, choosing not to test, or testing positive on Day 5 (or later), isolation can end after Day 10 if fever-free for 24 hours without the use of fever-reducing medications.</li><li>6. If fever is present, isolation should be continued until 24 hours after fever resolves.</li><li>7. If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after Day 10. If symptoms are severe, or if the infected person is at high risk of serious disease, or if they have questions concerning care, infected persons should contact their healthcare provider for available treatments.</li><li>8. Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.</li><li>9. Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from school unless symptoms develop.</li></ol> <p>*Antigen test preferred.</p>



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<p><b>Person Presents Symptoms:</b></p> <p>Symptoms of COVID-19:</p> <ul style="list-style-type: none"><li>• *Fever (100.4°F/38°C or higher) or chills</li><li>• Sore throat</li><li>• Cough</li><li>• Shortness of breath/Difficulty breathing</li><li>• Headache</li><li>• Muscle/Body aches</li><li>• Nausea/Vomiting</li><li>• Diarrhea</li><li>• Fatigue</li><li>• Congestion/Runny nose</li><li>• Loss of taste or smell</li></ul>	<p>Staff/students with Covid-like symptoms should not return until they have met CDPH/County criteria to return:</p> <ul style="list-style-type: none"><li>• They have a negative test or MD has ruled out COVID-19. <b><i>If no test</i></b> or alternative diagnosis from MD, stay home 10 days from symptom onset; <b><i>and</i></b></li><li>• At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; <b><i>and</i></b></li><li>• Other symptoms have improved</li></ul>
<p><b>Exposed Student or Staff:</b></p>	<ul style="list-style-type: none"><li>○ <b><i>If symptomatic</i></b>, sent home for quarantine/isolation &amp; recommend testing and consultation of Healthcare Provider.</li><li>○ <b><i>If not symptomatic</i></b>, may continue school/work activities immediately with tests taken 3-5 days from exposure regardless of vaccination status.</li><li>○ If person refuses to test they must quarantine for 10 days from date of exposure</li></ul>